

Demystify Success!

The 10 Point Goal Inspection Process
with Marlene McCallum



www.MostPowerfulLife.com

+ Checkpoint 1 - Passion

3

- Is your goal something you should do?
- Is it the “right” thing to do?
- Do you feel burdened by it?
- Is it exciting or enlivening?

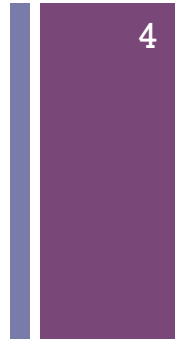
Rate your passion toward your goal:

1 2 3 4 5 6 7 8 9 10

Low passion

High passion

+ Checkpoint 2 - Reality



4

- Pie in the sky?
- A stretch or a break?
- Achievable?

Rate your perception of the goal's reality:

1 2 3 4 5 6 7 8 9 10

Low reality

High reality

+ Checkpoint 3 - Persistence

5

- Tenacity?
- Locked on?
- Easily de-railed?

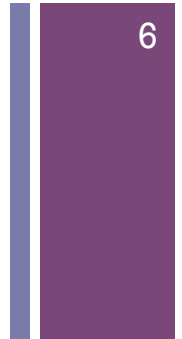
Rate your current level of persistence:

1 2 3 4 5 6 7 8 9 10

Low persistence

High persistence

+ Checkpoint 4 - Support



- An encouraging team behind you?
- Alone?
- Naysayers?

Rate your current level of support:

1 2 3 4 5 6 7 8 9 10

Low support

High support

+ Checkpoint 5 - Environment

- Reflect success?
- Visual cues?
- Visual inspiration?

Rate your environment:

1 2 3 4 5 6 7 8 9 10

Low environment

High environment

+ Checkpoint 6 - Inspiration

- Clarity of vision?
- Ripple effect?
- Eh..., whatever?

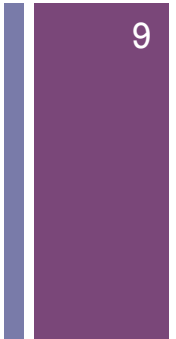
Rate your inspiration:

1 2 3 4 5 6 7 8 9 10

Low inspiration

High inspiration

+ Checkpoint 7 - Clarity



- Simply defined?
- A completion date?
- Someday... maybe...?

Rate your clarity:

1 2 3 4 5 6 7 8 9 10

Low clarity

High clarity

+ Checkpoint 8 - Timeline

10

- Broken down into chunks?
- Key dates and events highlighted?
- Frequent check-ins and adjustments?

Rate your timeline:

1 2 3 4 5 6 7 8 9 10

Low timeline

High timeline

+ Checkpoint 9 - Rewards

- Juicy rewards that say “job well done”?
- Clear when they are earned?
- Stingy task-master? 😊

Rate your rewards:

1 2 3 4 5 6 7 8 9 10

Low rewards

High rewards

+ Checkpoint 10 - Breakdowns

- Prepared for the unexpected?
- Would it totally ruffle you?
- Take you out of the 'game' or dampen your spirit?

Rate your breakdown tolerance:

1 2 3 4 5 6 7 8 9 10

Low tolerance

High tolerance